

RULES & REGULATIONS

The following rules & regulations are to be followed in all officially sponsored BVA leagues & tournaments. These rules & regulations are based on the rules & regulations set forth by the Federation Internationale de Volleyball (FIVB), of which the BVA is a member. Below, you will find the various formats of leagues and tournaments that the BVA sponsors throughout the year. Normal rules of volleyball apply in all formats with the following amendments and highlights:

6's, Indoor, Same Sex / Co-Ed:

1. Serving:
 - a. Only one toss is allowed on the serve. If it is a bad toss and the server is unable to play it, the point goes to the other team.
 - b. The ball may touch the net (aka a let serve). The let serve allows the ball to contact the net during the serve. If the ball travels over the net and between the antennas and ends up the opponent's court, it is legal. Even if the ball hits the top of the net and barely rolls over, the serve was legal and point awarded to the serving team.
 - c. The server is allowed 8 seconds to serve the ball from the point when the referee blows the whistle.
 - d. The server's foot is not allowed to come in contact with the back line during the point of contact with the ball for service.
2. Points:
 - a. Games are played on a Rally Point Scoring System, i.e. points are awarded for every rally won, regardless of which team is serving.
3. Libero:
 - a. Libero positions are allowed. A libero is a defensive player who may substitute for any backrow player and has no limitations on the number of substitutions nor the number of different players.
 - b. Liberos MAY serve
 - c. Liberos may NOT conduct an attack hit (put the ball over the net, while in the front zone, while the ball is above the height of the net)
 - d. Liberos may not attempt a block or finger set in front zone of the court when an attack above the height of the net is completed.
 - e. If the Libero does finger set in the front zone, the next hit must occur with a part of the ball below the height of the net.
 - f. There may be 2 Liberos allowed per team per match – only one on the court at a time.
The Libero will be very visible on the court.
The Libero uniform is always the opposite colors of the team.
 - g. The Libero MAY be captain



4. In/Out:

- a. Due to the low height of the ceilings in WA and MSA, **the ceiling is in.** If the ball is deflected off one of your players and hits the ceiling, the ball is either playable or out in the following situations:
 - i. If, after hitting the ceiling, the ball remains on your side of the net, the ball is playable.
 - ii. If, after hitting the ceiling, the ball goes to the other side of the net the ball is out.
- b. The ceiling includes anything attached to the ceiling such as lights, basketball rim structure, structural beams, air conditioning ducts, etc. The walls (side wall between court, perpendicular surfaces to the floor) are not considered part of the ceiling. Therefore if the ball touches any wall the ball is out. The ball is only allowed to touch these surfaces once, if it bounces more than once, rolls across the surface of it, etc. then the ball is out.

5. Receiving the serve:

- a. Players are permitted to overhand volley the serve.
 - b. It does NOT need to be "clean"
6. At the first hit of the team, the ball may contact various parts of the body consecutively, provided that the contacts occur during one action.
 7. Players may not block the serve at any time.
 8. Open-hand dumps, tips and dinks are permitted.
 9. There are no restrictions on attacking the ball other than all back row players must attack the ball from behind the three-meter attack line.
 10. The ball that has crossed the net plane to the opponent's free zone totally or partly through the external space, may be played back within the team hits, provided that
 - a. The opponent's court is not touched by the player; and
 - b. The ball, when played back, crosses the net plane again totally or partly through the external space on the same side of the court. The opponent team may not prevent such action.
 11. A player's entire foot must be over the centre line in the opponent's court OR interfere with the opponent in order for a foot fault to be called
 12. Players are not allowed to touch the net between the antennae during the action of playing the ball – this will be considered a net fault.
 13. For co-ed teams, male and female players must alternate positions on the rotation. No two same sex players may be next to each other, with the exception of two females.



14. Substitutions:

- a. Teams may have an unlimited amount of pre-arranged subs for their team.
- b. Night of play:
 - i. Teams may pickup any "rover" or other non-rostered player at any time, provided that player is a paid BVA Member. This is dependent on the opposing and "rover's" team's approval.
 - ii. If the opposing team does not approve of the rovers, the team will be forced to play with the "Ghost rule": A maximum of 5 players, regardless of how many are "rovers". The "Ghost Rule" has teams rotate as if there are six players on the court. The sixth player, or "Ghost," automatically loses their serve upon rotation to the serving position.
 - iii. Teams may play with a minimum of 5 players. In the event that a team plays with only five players, the "Ghost Rule" will be in effect. The teams rotate as if there are six players on the court. The sixth player, or "Ghost," automatically loses their serve upon rotation to the serving position.

15. Jerseys:

- a. All Winter Jerseys League teams require jerseys (matching shirts) with a unique player number on the front and back. Team name and player name are encouraged but optional. The number on the front should be centered and 15cm tall, the number on the back should be centered and 20 cm tall.
- b. A pre-arranged sub without a matching jersey will result in a penalty. In games to 25 points, the opposing team will begin with a 5-point lead for every game played that evening. In games to 18, the opposing team will begin with a 3-point lead.
- c. "Rovers" picked up on the night of play may remain in their own jerseys.

6's, Indoor, Reverse Co-Ed:

Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:

1. The net height is set at the women's height.
2. Front row players only are permitted to block the serve.
3. All male players are considered back-row players at all times, therefore all males players may only attack the ball from behind the three-meter attack line. Male players may not break the horizontal plane of the net with any part of their body while in front of the three-meter attack line at any time except to block a serve (not permitted to block an attack).

6's, Outdoor, Same Sex / Co-Ed:

Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. Players are not permitted to touch the net at all during play.
3. Open-hand dumps and dinks are NOT permitted.



6's, Outdoor, Reverse Co-Ed:

Same rules as "6's, Indoor, Reverse Co-Ed" apply except for the following changes:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. Players are not permitted to touch the net at all during play.
3. Open-hand dumps and dinks are NOT permitted.

4's Indoor Same Sex / Co-Ed:

Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:

1. All players are considered front row, therefore, all players may attack from in front of the three-meter attack line.
2. Open-hand dumps, tips and dinks are NOT permitted.

4's, Indoor, Reverse Co-Ed:

Same rules as "6's, Indoor, Reverse Co-Ed" apply except for the following changes:

1. The net height is set at the women's height.
2. Open-hand dumps, tips and dinks are NOT permitted.

4's Outdoor Same Sex / Co-Ed:

Same rules as "4's, Indoor, Same Sex / Co-Ed" apply except for the following changes:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. All players are considered front row, therefore, all players may attack from in front of the three-meter attack line.
3. Open-hand dumps and dinks are NOT permitted.
4. Players are not permitted to touch the net at all during play.
5. Substitution rules remain the same as 6's Indoor, however teams are allow a maximum of 2 "rovers" on the night of play.

4's, Outdoor, Reverse Co-Ed:

1. Same rules as "4's, Outdoor, Reverse Co-Ed" apply except for the following changes:

2. When receiving the serve, players are NOT permitted overhand volley the serve.
3. The net height is set at the women's height.
4. Open-hand dumps and dinks are NOT permitted.
5. Players are not permitted to touch the net at all during play.

2's, In/Outdoor, Same Sex / Co-Ed:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. Open-hand dumps and dinks are NOT permitted.
3. When setting the ball to the attacker and the ball goes inadvertently over the net without the attacker making contact with the ball, the ball is dead and play is over. In order to properly set the ball over the net, the player's shoulders must be square to the area that the player is setting the ball to.



4. If the ball is deflected by a player attempting to block an opposing team's attack, the deflection is considered the first touch. The defending team has only two more touches to get the ball over the net.
5. Players are not permitted to touch the net at all during play.