



Bermuda Volleyball Association

Suite 885, 48 Par-La-Ville Road
Hamilton HM 11, Bermuda
www.bermudavolleyball.bm



RULES & REGULATIONS

The following rules & regulations are to be followed in all officially sponsored BVA leagues & tournaments. These rules & regulations are based on the rules & regulations set forth by the Federation Internationale De Volleyball (FIVB), of which the BVA is a member. Below, you will find the various formats of leagues and tournaments that the BVA sponsors throughout the year. Normal rules of volleyball apply in all formats with the following amendments and highlights:

6's, Indoor, Same Sex / Co-Ed:

1. You are only allowed one toss on the serve. If it is a bad toss and the server is unable to play it, it is a side out.
2. Let serves are allowed. The let serve allows the ball to contact the net during the serve. If the ball travels over the net and between the antennas and ends up the opponent's court, it is legal. Even if the ball hits the top of the net and barely rolls over, the serve was legal and point awarded to the serving team.
3. The server is allowed 8 seconds to serve the ball from the point when the referee blows the whistle.
4. The server's foot is not allowed to come in contact with the back line during the point of contact with the ball for service.
5. Games are played on a Rally Point Scoring System, i.e. points are awarded for every rally won, regardless of which team is serving.
6. Libero positions are allowed. A libero is a defensive player who may substitute for any backrow player and has no limitations on the number of substitutions nor the number of different players. However, the Libero may NOT serve or conduct an attack, attempt a block or finger set in front zone of the court when an attack above the height of the net is correctly completed. If the Libero does finger set in the front zone, the next hit must be a pass and not an attack hit. There is only one Libero allowed per team per match. The Libero will be very visible on the court. The Libero uniform is always the opposite colors of the team.
7. The ceiling is in. If the ball is deflected off one of your players and hits the ceiling, the ball is either playable or out in the following situations. If, after hitting the ceiling, the ball remains on your side of the net, the ball is playable. If, after hitting the ceiling, the ball goes to the other side of the net the ball is out. The ceiling includes anything attached to the ceiling such as lights, basketball rim structure, structural beams, air conditioning ducts, etc. The walls (side wall between court, perpendicular surfaces to the floor) are not considered part of the ceiling. Therefore if the ball touches any wall the ball is out. The ball is only allowed to touch these surfaces once, if it bounces more than once, rolls across the surface of it, etc. then the ball is out.
8. When receiving the serve, players are permitted to overhand volley the serve, provided that the volley is clean – if it appears at all that it was a double then this will be called and a point will be awarded to the serving team. It is advisable to receive the service with a forearm pass.
9. Players may not block the serve at any time.
10. Open-hand dumps and dinks are permitted.
11. There are no restrictions on attacking the ball other than all back row players must attack the ball from behind the three-meter attack line.
12. The ball that has crossed the net plane to the opponent's free zone totally or partly through the external space, may be played back within the team hits, provided that 1.) the opponent's court is not touched by the player; and 2.) the ball, when played back, crosses the net plane again totally or partly through the external space on the same side of the court. The opponent team may not prevent such action.
13. A player's entire foot must be over the centre line in the opponent's court in order for a foot fault to be called.
14. Players are not allowed to touch the top tape of the net provided that the ball is in play in that area – this will be considered a net fault.
15. For co-ed teams, male and female players must alternate positions on the rotation. No two same sex players may be next to each other.



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16. Teams may play with a minimum of 5 players. In the event that a team plays with only five players, the "Ghost Rule" will be in effect. The teams rotate as if there are six players on the court. The sixth player, or "Ghost," automatically loses their serve upon rotation to the serving position.
17. Substitutions - There are two situations that can occur when playing with a substitute player:
18. Teams may pickup any "rover" or other non-rostered player at any time, provided that player is a paid BVA member.
19. Teams may pickup another team's rostered player provided the opposing team approves.

6's, Indoor, Reverse Co-Ed:

1. Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:
2. The net height is set at the women's height.
3. Front row players only are permitted to block the serve.
4. All male players are considered back-row players at all times, therefore all males players may only attack the ball from behind the three-meter attack line. Male players may not break the horizontal plane of the net with any part of their body while in front of the three-meter attack line at any time except to block a serve (not permitted to block an attack).

6's, Outdoor, Same Sex / Co-Ed:

1. Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:
2. When receiving the serve, players are NOT permitted overhand volley the serve.
3. Players are not permitted to touch the net at all during play.
4. Open-hand dumps and dinks are NOT permitted.

6's, Outdoor, Reverse Co-Ed:

1. Same rules as "6's, Indoor, Reverse Co-Ed" apply except for the following changes:
2. When receiving the serve, players are NOT permitted overhand volley the serve.
3. Players are not permitted to touch the net at all during play.
4. Open-hand dumps and dinks are NOT permitted.

4's Indoor Same Sex / Co-Ed:

1. Same rules as "6's, Indoor, Same Sex / Co-Ed" apply except for the following changes:
2. All players are considered front row, therefore, all players may attack from in front of the three-meter attack line.
3. Open-hand dumps and dinks are NOT permitted.

4's, Indoor, Reverse Co-Ed:

1. Same rules as "6's, Indoor, Reverse Co-Ed" apply except for the following changes:
2. The net height is set at the women's height.
3. Open-hand dumps and dinks are NOT permitted.

4's Outdoor Same Sex / Co-Ed:

Same rules as "4's, Indoor, Same Sex / Co-Ed" apply except for the following changes:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. All players are considered front row, therefore, all players may attack from in front of the three-meter attack line.
3. Open-hand dumps and dinks are NOT permitted.
4. Players are not permitted to touch the net at all during play.



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4's, Outdoor, Reverse Co-Ed:

1. Same rules as "4's, Outdoor, Reverse Co-Ed" apply except for the following changes:
2. When receiving the serve, players are NOT permitted overhand volley the serve.
3. The net height is set at the women's height.
4. Open-hand dumps and dinks are NOT permitted.
5. Players are not permitted to touch the net at all during play.

2's, In/Outdoor, Same Sex / Co-Ed:

1. When receiving the serve, players are NOT permitted overhand volley the serve.
2. Open-hand dumps and dinks are NOT permitted.
3. When setting the ball to the attacker and the ball goes inadvertently over the net without the attacker making contact with the ball, the ball is dead and play is over. In order to properly set the ball over the net, the player's shoulders must be square to the area that the player is setting the ball to.
4. If the ball is deflected by a player attempting to block an opposing team's attack, the deflection is considered the first touch. The defending team has only two more touches to get the ball over the net.
5. Players are not permitted to touch the net at all during play.